

TEAM PACKING LIST

ENGADI MINISTRIES

Helping youth in troubling situations reach their full potential in Christ.



Sound Familiar?

Step 1: Dump everything in one huge pile on the floor.

Step 2: Cram everything into various bags the night before.

Step 3: Hope you don't forget anything.

If this has been your strategy in the past, it's time to revamp your packing system. Here is a list of things we have putted together to give you a hand on your packing. And don't forget to to stack these three things on top:

1

FLEXIBILITY

Problems disappear
when we are willing to
become flexible

Roxana Jones

2

PATIENCE

Be anxious for
nothing...
Philippians 4:6

3

LOVE

Let all your things be
done with love.
1Cor. 16:14



TRAINING TEACHERS



BUILDING A FUTURE



EDUCATING FOR TOMORROW

Packing List for Guatemala

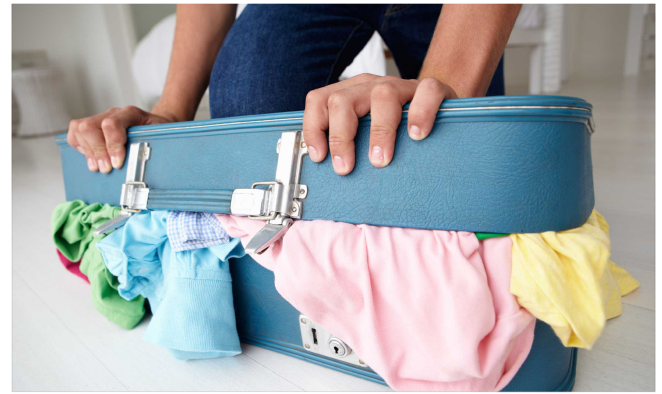
Forecast: Highs 80 & Lows 50

What to wear on the airplane:

- Dress in layers. The plane could be cool but the-Guatemala airport may be hot.
- Shoes that are easy to slip on and off makes going through security easier, and you will go through security at least two if not three times

What to pack in your carry-on bag

- Passport
- Driver's License
- Prescription Medications - In their original containers
- Camera
- Enough clothes to last 3 days (incase your checked bag is delayed)
- Snacks, some airlines may provide a light snack.
- Toiletries
- JOURNAL & BIBLE
- Glasses or contacts



- Sunglasses
- Layers are the key. If coming in Rainy Season, May to October, you will need a waterproof jacket. Otherwise a sweat shirt or light coat would be wise.

PACKING LIST

Clothes: Casual wear is acceptable, but modesty is always important for both genders. You will need lightweight, loose fitting clothing. Dress conservatively even when working. The weather will be between 50° - 80° F. Rainy season goes from May to October, and dry season from November to April.

stop, be still, listen



Bible, journal, and writing utensil. Please do NOT brush off this aspect of the trip. God is likely to rock your world through this experience. The only way for that to have a lasting impact is for you to write, consider, and evaluate your experience after the fact. A one-week neat-o experience with God is nice, but a life-altering, never-be-the-same experience is much better. The latter will come through prayer, reading of the Word, and contemplation on what you see and learn.



General Clothing

- Remember modesty is the key.
- 3-4 pair pair of Jeans or Cargo pants.
- Basketball Shorts are ok for relaxing at the team house.
- NO soccer, running or "Nike" shorts.
- 5-7 t-shirts.
- 7-10 pair of under garments.
- One long sleeve shirt or sweatshirt for the evening.
- Socks.
- Tennis shoes or Work-boots depending on what you'll be doing. Due to open sewage and other refuse in the streets you will be working in we recommend only closed-toed shoes.
- Sandals for the evenings, Church, & Free Day activities are fine.

Ladies

- A skirt is optional for Church
- Locals are VERY modest. Sleeveless is ok, but no small strap stuff. T-shirts are best.
- No Spaghetti straps, and avoid open slits under the arms.
- Feminine Hygiene items

Sleeping

- Engadi's team house provides bedding & towels.
- You may bring your own personal pillow, washcloth or towel if you prefer.
- Teddy Bears - Not provided
- Ear plugs (dogs, roosters, firecrackers, snorers..)

Additional Items

- Toothbrush and toothpaste (travel size)
- Soap and shampoo (travel size)
- Wash cloth (Optional)
- No jewelry is best. Less is more.
- Wear an inexpensive watch.
- A small hand sanitizer that fits in your pocket and a refill will do.
- SUNSCREEN/ Bug spray.
- Wet Wipes
- Kleenex - toilet paper is not always available.
- Small travel pack of wipes- both the kind you wipe your pretty face with and the kind that would be suitable for a pit latrine stop.
- Flashlight (Optional)
- Ear plugs (dogs, roosters, firecrackers, snorers..)
- Large ziplocks bags (2 gallon are great to pack clothes in and compress).
- Laundry bag to keep dirty clothes separate.

Medications

- Imodium, Pepto Bismol or something for a sensitive / upset stomach.
- Neosporin and a few band aids.
- Tylenol, aspirin or ibuprofen.
- Dayquil- or something equivalent for cold symptoms.
- Blister & Sunburn treatments

Other Items

- If your team visits any neighborhoods, it is good to bring items you can use to share Christ's love with the kids. Face paints, bracelets, or other fun activities are great. Expect 150-300 kids.
- Small Backpack for day trips
- Personal water bottle.
- Pocket Knife (Not in Carry-on)
- Family Photos (to show locals)
- Emergency Contact Info
- Duct Tape
- Hard candy to give to kids
- School Supplies (Refer to School Supply List.)

Snacks:

All meals will be provided, but for those times you are a little extra hungry we suggest you bring along: candy bars, jerky, raisins, granola bars, fig newtons, Gatorade mix, etc.

Engadi's Packing Tips

1. **Pack Light:** Remember you are on a mission trip with a number of other people. You need to be as flexible and mobile as possible. It is your responsibility to carry your own bag. The above list is just a suggestion. Cut out what you, personally, really don't need.
2. **Dress Modestly:** In Guatemala, men and women cover much more of their skin and don't wear form fitting clothing. Remember you are an extension of Engadi Ministry to those watching. Please dress in such a way to reflect our values.
3. **Change of Clothes:** It is possible that luggage may be delayed or not even arrive in Guatemala. Be sure to pack a change of clothes in your carry-on incase this happens to you.
4. **Personal Valuables:** You are coming on a mission trip to poor people, not a fashion show. Leave your "extra" jewelry behind. Wedding rings are fine, but the watch your great-grandfather gave you or your class ring need to be left at home. If you do bring any values, keep them close in your carry-on. Use wisdom in what you bring.
5. **Pack Smart:** Make sure that shampoo bottles aren't going to open on clothes. We recommend you tape the top shut and then put it in a ziplock bag. Leave some room if you plan to bring back any souvenirs.